



SuicideCARE

SuicideCARE
A one-day workshop
developed by
Living Works Education
Presented By
Dr. Ann Croll
Ph.D.

November 12, 2009

March 10, 2010

at the
Canadian Mental Health Association
Ottawa Branch
1355 Bank Street, Suite 402
Ottawa, Ontario
K1H 8K7
Tel: 613-737-7791
Fax: 613-737-7644

Who should attend?

The workshop is designed for helpers working with people at risk of suicide in an ongoing counseling or case management role.

Participants will be those who:

- Work with persons at risk beyond the immediate first aid situation and want to learn more about helping a person at risk.
- **Participants must have taken the Living Works Applied Suicide Intervention Skills Training (ASIST) as there is no time within this seminar to adequately review the ASIST workshop content.**

Learning Process

The program assumes that participants have a formal counseling or clinical training and will bring this learning to the seminar.

The Outcome

Participants will improve their ability to:

- Distinguish four intervention strategies(first aid, management, treatment and therapy);
- Clarify the helping roles associated with these strategies and recognize which role they are fulfilling with a person at risk at any one time;

- Integrate the action(tasks) competencies(tools) and helper characteristics(traits) needed to implement these strategic roles effectively;
- Enhance awareness beliefs, attitudes and practices which facilitate or impede an effective helping relationship with a person at risk beyond crisis.

About the workshop

This one-day workshop aims to enhance helper self-awareness, knowledge and competence in working constructively with a person at risk beyond the immediate crisis.

Objectives:

Participants will be able to work with persons at risk beyond crisis by:

- Building on the principles and practice of suicide first aid;
- Understanding helper issues associated with ongoing care;
- Demonstrating a working knowledge of intervention strategies.

About LivingWorks

LivingWorks is a public service corporation whose vision is enhancing resources today and saving lives for tomorrow. Our mission is to create learning experiences that help communities prevent suicide.

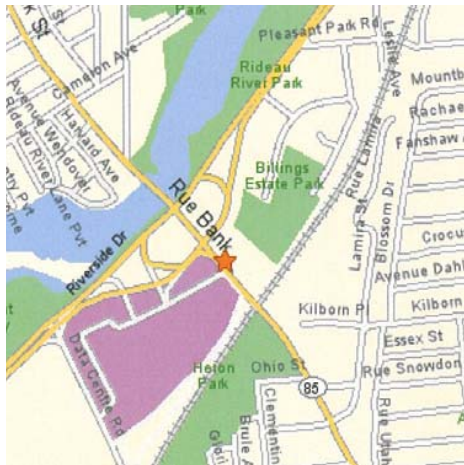


Working with caregivers of all kinds, LivingWorks prepares helpers to competently intervene with a person at risk of suicide.

PARKING

- Limited meter parking is available for a maximum of \$8.00 per day, payable by coin or credit card.

OUR LOCATION



PLEASE READ CAREFULLY

HOW TO REGISTER

Cost for the course is **\$150.00 (GST included)** per person. Lunch is not included. **Send completed registration form, along with Credit card number or with CHEQUE payable to CMHA, Ottawa Branch to:**

Canadian Mental Health Association,
Ottawa Branch
1355 Bank Street, Suite 301
Ottawa, ON K1H 8K7

REGISTRATIONS WILL BE ACCEPTED BY TELEPHONE ONLY IF YOU PAY BY VISA OR MASTERCARD.

Please note that registration must be received 2 weeks prior to the workshop dates.

CANCELLATIONS AND REFUNDS

Full refunds less a \$10.00 administration fee will be given when a written request is received two weeks prior to the date of workshop. You may also send a person to replace you. There will be a \$20.00 charge on all returned cheques

REGISTRATION IS LIMITED

For information call:
CMHA

Phone (613)-737-7791

Fax (613) 737-7644

Also see our Website: www.cmhaottawa.ca

SuicideCARE - REGISTRATION FORM

(PLEASE TYPE OR PRINT CLEARLY) NO REGISTRATION ACCEPTED WITHOUT PAYMENT.

COST: \$150.00 (GST included). There will be a \$20.00 charge on all returned cheques.
MAIL TO: CMHA, Ottawa Branch, 1355 Bank Street, Suite 301, Ottawa, ON K1H 8K7.

Name: _____
Organization: _____
Address: _____
City: _____ Province: _____ Postal Code: _____
Telephone: (Home) _____ (Office) _____ (Fax) _____
Email: _____

WORKSHOP REGISTERED FOR: _____ RECEIPT REQUIRED: YES NO

