



**CANADIAN MENTAL
HEALTH ASSOCIATION**
ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

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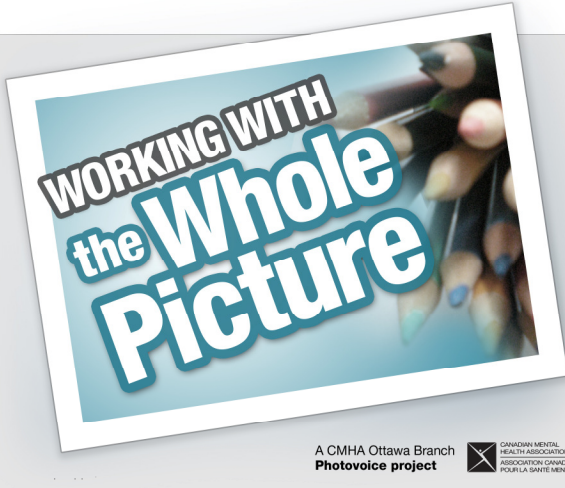


EXHIBIT ANNOUNCEMENT

IPO Gallery

110 O'Connor Street, Ground Floor

January 8 - February 6, 2009

Opening Reception, Thursday Jan. 8, 6-8pm

Monday – Friday, 9am -5pm

Thursdays 9 am -8pm

or by appointment

613 288-2258

www.ipogallery.ca

The Photographers

Ana	Harry
Andrée C.	Mary Hill
Candyrose Freeman	Shaughnessy M.
Daniel Mayville	Taz
Glen W.	Toni

This project, facilitated by the Canadian Mental Health Association, Ottawa Branch, is based on the Photovoice method. Developed by Caroline Wang and Dr. Mary Anne Burris at the University of Michigan in 1992, Photovoice is a grassroots, participatory research and social action process that allows people to define for themselves what is important and what needs to change.

Ten newly initiated digital photographers, each with their own personal experience of mental illness, have captured images that reflect their thoughts about work. The narratives accompanying the photos provide insight to the stigma and barriers they've faced and the aspirations and strengths they bring to their quest to find appropriate work.

With determination and hope, the exhibit intends to open a dialogue with the community, policy makers and employers about work opportunities for people with lived experience of mental illness.

For more information contact Lisa Jamieson 737-7791 ext. 125 or lisaj@cmhaottawa.ca

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made possible
through the
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Ottawa



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A CMHA Ottawa Branch
Photovoice project

